



Asociación del Sur de California  
de los Adventistas del Séptimo Día

REGIÓN HISPANA

# HONDURAS MISSION TRIP

## Honduras Mission Trip Information Packet

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## **PROJECT OVERVIEW**

### **LOCATION:**

Guanaja, Honduras

### **MISSIONS:**

Medical Outreach, Children's Outreach (VBS), and Construction of the Adventist School

### **DATES:**

June 22nd to July 5th.

Mission Trip work ends on July 1st. There is 3-day vacation excursion which includes transportation and lodging that is included in the price.

### **COST:**

\$2,200 per participant. It is suggested that you bring personal funds of about \$100-\$200 for personal purchases. If you are traveling from another part of the country, your fee will be \$1,175.

### **INCLUDED:**

Lodging, transportation and food during the trip is included in the price. Your fee includes air transportation from the Los Angeles International Airport.

### **LODGING:**

We will be staying at a hotel on the Bonacca Key, in Guanaja, Honduras, located 1-2 minutes walking from the work site. It will be minimum double occupancy to a room. It is a modest hotel with basic amenities. We will stay at a resort hotel for the three-day excursion.

### **FOOD:**

Food is included in your fee. There will be 3 daily meals until the excursion. All food will be vegetarian with a vegan option. Please note that food is included in the three-day excursion.

### **TRANSPORTATION:**

Air travel is included from the Los Angeles International Airport as well as all ground transportation while in Honduras. All transportation is included if you depart and arrive with the group. If you are arriving or departing at a different date or from a different part of the country, you will need to arrive by Thursday June 22nd at 12 (noon).

**CHILDREN'S OUTREACH:**

We will need a large staff to run the children's "VBS" Vacation Bible school and volunteers that can do puppet shows, sing and show Jesus to the kids.

**MEDICAL OUTREACH:**

We will need at least 2 medical doctors, nurses and staff that can help doctors and organization with no medical experience. At least 2 dentist and staff to help. A large crew will be needed for the Glasses ministry. We will be distributing used glasses.

**CONSTRUCTION:**

We need all types of construction related talents and a large crew of volunteers to run the construction of the Adventist School. No experience necessary. We will be finishing an existing structure and our goal is to finish the shell before we leave.

**COOKING:**

We will need a small crew of volunteers on a daily basis to help in the kitchen to prepare meals for all volunteers.

**EXCURSION:**

There is 3-day vacation excursion which includes transportation and lodging that is included in the price. This all-inclusive excursion will be at Henry Morgan Resort. For more information on the resort visit: <https://henrymorgan.hmresorts.com>

**DEADLINES****PAYMENT SCHEDULE:**

\$300 due upon registration (non-refundable)

\$900 due May 19, 2023

\$1,000 due June 1, 2023

**REGISTRATION DEADLINE:**

Apr 30, 2023

**TRIP LEADERS****JAIME HERAS:**

Phone: 562-939-9558

Email: [jheras@sccsda.org](mailto:jheras@sccsda.org)

**EMMANUEL OLGUIN:**

Phone: 909-545-9028

Email: [emmanuel.olguin@sccsda.org](mailto:emmanuel.olguin@sccsda.org)

**DANNY GARCIA:**

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## ITINERARY

**Travel Dates: June 22, 2023 - July 6, 2023**

### **Wednesday | June 21**

8:45pm: Drop off at LAX

### **Thursday | June 22**

12:45am: Departure to Houston, TX

6:07am: Arrival at Houston, TX

9:38am: Departure to Roatan, Honduras

11:28am: Arrival at Roatan, Honduras

12pm: Lunch

2pm: Depart to Guanaja

4pm: Arrive at Guanaja

5pm: Check in at Hotel

6pm: Orientation

7pm: Dinner

10pm: Lights out

### **Friday | June 23**

7am: Worship

7:30am: Breakfast

8am: Work

12pm: Lunch

1pm: Work

6pm: Dinner

9:15pm: Worship

10pm: Lights out

### **Saturday | June 24**

7am: Breakfast & devotional

9am: Sabbath worship service

1pm: Lunch

4pm: Sabbath worship service

7pm: Dinner

10pm: Lights out

### **Sunday-Friday | June 25-30**

7am: Worship

7:30am: Breakfast

8am: Work

12pm: Lunch

1pm: Work

6pm: Dinner

7:30pm: VBS

9:15pm: Worship

10pm: Lights out

### **Saturday | July 1**

7am: Breakfast & devotional

9am: Sabbath worship service

1pm: Lunch

4pm: Sabbath worship service

7pm: Dinner

10pm: Lights out

### **Sunday | July 2**

7am: Breakfast & devotional

9am: Depart to Roatan

11am: Arrive in Roatan

12pm: Lunch

2pm: Excursion

4pm: Check-in at Hotel

6pm: Dinner

7pm: Free time

10pm: Lights out

### **Monday-Wednesday | July 3-4**

8am: Breakfast & devotional

9am: Free time

1pm: Lunch

3pm: Free time

7pm: Dinner

10pm: Lights out

### **Thursday | July 5**

7am: Breakfast & devotional

8am: Depart to airport

9am: Arrive at airport

12:30pm: Depart to Houston, TX

4:23pm: Arrive at Houston, TX

6:35pm: Depart to Los Angeles, CA

8:01pm: Arrive at Los Angeles, CA

9pm: Good-bye

## ITEMS TO TAKE

- Shirts
- Pants
- Shorts
- Plastic bags for dirty laundry
- Old towels & washcloth
- Footwear for showers (flip flops)
- Shampoo (travel size)
- Body Soap (travel size)
- Toothpaste (travel size)
- Toothbrush (travel size)
- Deodorant (travel size)
- Hairbrush
- Comb
- A can of peanut butter or veggie meat
- Light long-sleeve shirt
- Hair bands
- Tennis shoes
- Pack extra shoes (in case it rains)
- Underwear
- Socks
- Insect repellent
- Sunblock
- Raincoat & jacket
- Bible
- Notebook & Pen
- Water Bottle/Canteen
- Backpack for day use
- Spending money for souvenirs or food

## SAMPLE LETTERS

### 1. Keep it short.

One page is plenty. Two pages should be your maximum. Quality trumps quantity.

### 2. Make it look good.

First impressions matter. If designing documents isn't your cup of tea, find a friend who can help. Including a picture of you or your team is an easy win.

### 3. Proofread it.

Errors are fairly noticeably, and often avoidable. Have someone help you by reading your letter for any errors before you hit PRINT.

### 4. Be interesting.

Share about what you are doing, the place you are going and the people you will be with, but don't drag out your letter with tons of minute details.

### 5. Make it personal.

People want to support you! Don't send a generic letter from the team when you can send a personal letter from you. While you might share some details about your team, also include what your hopes, fears and needs are.

### 6. Don't forget the details.

Where is the trip? What are the dates? What will you be doing? Is there a send-off service beforehand? How much money are you trying to raise? If they want to donate money, where do they send it and who are checks made out to? A great way to ask for money is to suggest a couple options for dollar amounts (e.g. "I recommend a gift of \$50, \$100 or \$150, but of course, any amount is more than welcome.")

You should also include that the donations are tax deductible. Also, many qualifying organizations recommend that checks have nothing written on the Memo line as it can jeopardize the gift's tax deductible status. If the gift qualifies as tax deductible you might write something like this: "Gifts are tax deductible. You can make checks out to ABC Church, but please do not write anything on the Memo line as this could jeopardize your gift's tax deductible status. "Let it come to you and you turn it in to the person in charge so you can get credit towards your trip.

**7. Don't just write a "fundraising letter."**

Support is so much more than people's money. At the same time, there is nothing to be ashamed about when offering people the opportunity to be generous. If asking for money is part of the support you need, make it secondary to asking for prayer. Even if people can't contribute financially, they can certainly still support you.

**8. Ask for prayer.**

And be specific when you do. Give them 4 or 5 things they can pray for, for example: the community and ministries you are visiting, your team, your travels, etc. (If you wrote a team covenant, there is probably some great things to pray for in there!)

**9. Be humble and respectful.**

Don't make the place you're headed seem destitute in an effort to make your trip sound more significant. Remember that Jesus is the hero, not your team. Use language that honors what God is already up to in the place you are headed. Use phrases like, "serve alongside," "partner with" and "learn from."

**10. Say thank you.**

A great way to end your letter is with gratefulness for the people you are asking to partner with you in this mission trip. Thank them in advance for whatever way they choose to support you. **DON'T FORGET TO INCLUDE A SELF ADDRESSED STAPED EVENLOPE:**

## **EXAMPLE # 1**

Dear Friends and Family,

From July 14–20 I'm excited to be headed to Kansas City, Kansas leading a mission trip with my youth group from Calvary Church.

We're going through YouthWorks, a short-term missions organization that specializes in setting up life-changing Christcentered trips for teenagers. The neighborhood we'll be serving in is largely Hispanic, so we'll be participating in bilingual worship and sharing some Mexican food cooked by friends in the community. One of the interesting issues we'll be learning about is how local ministries respond to the many undocumented workers within the community. Additionally, we'll be serving the community through helping facilitate a sports camp for kids, restoring old houses with a local ministry, and serving through partnerships with various local organizations.

The theme for the week is "UNDESIRABLE." We'll be talking about how God sees us and how we can serve others. The theme centers on the idea that teenagers are loved, not alone and incredibly valuable – three messages that I believe are vital for students to understand. As you can probably tell, it's going to be a full week of listening to, learning from and loving on the people we meet in Kansas City, and there is going to be a great opportunity for growth within our group. I would love it if you would pray for this mission trip experience. Pray for the 17 of us who are going – that we would be open to learning from the community we're visiting and grow closer as a group and closer to Jesus. Pray for the five YouthWorks staff who are living in Kansas City all summer long and will be leading us during the trip. Pray for the community members who we meet – that we could love and honor them well. Pray especially for the kids who we'll get to do ministry with – that they would connect the love we show with the love Jesus has for them.

Finally, pray for me – that I could really experience a YouthWorks mission trip week in a fresh and effective way. If you will commit to praying for us, please let me know. I would love to share that news with my team. Also, many members of our team are still working on fundraising for this trip. Please consider supporting us financially. I recommend a gift of \$50, \$100 or \$150, but of course, any amount is more than welcome. Gifts are tax deductible and can be made out to:

"Calvary Church" and mailed to: Attn: Sam Townsend c/o Calvary Roseville 2120 LexingtonAve. North Roseville, MN 55113

Thank you for considering supporting us through prayer and/or giving. This trip would be impossible without the generosity of so many. I'm excited for this new opportunity in my own leadership, and I'm looking forward to sharing about it with you when I return.

Grateful for the places God draws us,

Sam Townsend

## **EXAMPLE # 2**

Dear Family and Friends,  
Greetings! I pray that this letter finds you and your family well. I am now in my fourth and final year of nursing school. The Lord has been so faithful! He is doing wonderful things and I know that He will continue to be faithful to finish the good work He has started in me, especially this last year of school. As I finish my training, God has given me the opportunity to go to Guatemala not only to further my education, but also to join Him in His work there.

On January 4, I will be departing on a medical mission trip to the central highlands of Guatemala for 10 days. From 1960 to 1996, Guatemala was involved in a civil war. Thousands of children were orphaned as a result. The purpose of this mission trip is to provide medical treatment to these orphaned children, most of whom have never seen a doctor. We anticipate treating 450 to 500 children. The treatment will include a complete physical, treatment for intestinal parasites and head lice (all of the children seen will be treated for these two conditions), vitamin K shots, immunization, and treatment of any other condition within the capability of the medical team. A physician and a dentist will be a part of the mission team. They are both missionaries in Guatemala. The remainder of the team will be nurses and nursing students.

The trip is being funded entirely through donations and by those going on the mission trip. Everything that will be used on the trip must be taken with us. This includes all of the medical supplies, medicines, syringes, bandages, etc. Donations of medical supplies, books, shoes, etc. are being sought. Fund-raisers are being held by those going on the trip. Every penny collected will be used to directly benefit the children of Guatemala. Any unused supplies will be left with the missionaries.

I am excited about the opportunity to serve and to minister, and I ask you to join me in ministry. I am seeking your support and prayers for this mission trip. If you are able to assist with this trip, I would ask that you forward any donation to me with the check or money order payable to "MNU Guatemala Mission Trip". An accounting of all funds will be available, should you desire to see it, upon our return from Guatemala.

I thank you in advance for your prayers and your financial support. May God bless you richly!

His therefore Yours,

John Jones

### EXAMPLE # 3

Date

Your Name  
Address City,  
State, Zip

Dear Mr. and Mrs. Doe,

This (month of project) I am planning on attending a mission trip with our church to Guatemala, to help construct an urgently needed (church or school) for a local community. In addition to the construction, our group will also (other planned project activities). There are approximately (number) volunteers planning on participating, and I need your help so I can join them in this one of a kind adventure that will stretch me to the limits physically, socially, and spiritually. It's hard for me to imagine not having a church to worship in or a school in which to learn. Sometimes we get used to our comfortable standard of living and forget that the majority of people in the world have such basic needs still unmet. Going on this trip will help me see first hand how blessed I am and how I can use what I have to help others. I'm sure that participating on this mission project will have a positive long-term effect on me. I'm sending you this letter as a request for your support in two areas. First of all, I'm asking for you to pray for me - that my attitude and service will be pleasing to God and sensitive to the people and the culture in (country).

Secondly I'm asking for your financial support. I am responsible for raising \$(participation fee amount) to pay for my expenses during the trip and go towards the building cost. I also need to raise money for my plane ticket to (country). I have been actively fundraising by (include what fundraising activities you have been doing), but I know that in order to complete my goal I will need the support of others, and I'm asking you to partner with me in my mission. Any donation would be greatly appreciated. (Insert payment information such as who to make checks out to and where to send them. Try working with your local church so they will receive donations and issue tax-deductible receipts for your volunteers.

If your church won't work with you, please consolidate all funds before sending checks to SuCasachurch.com Please continue to pray for me during this trip and upon my return. Of course I will be eager to share with you the events form the trip and how my life has been affected.

Thanks for being part of my missionary team!

With Gratitude,

Signature